

## Happy International Women's Day!

Though we feel that every day is women's day, this one deserves a special shout out. This year's theme is Choose to Challenge. A challenged world is an alert world and from challenge comes change. So let's all choose to challenge!

According to the International Women's Day (IWD) website, IWD "sees a number of MISSIONS to help forge a gender equal world. Celebrating women's achievements and increasing visibility, while calling out inequality, is key." [Read more](#) and share your challenges and challenge goals on our [LinkedIn page](#).

## Upcoming BWN Virtual Events

You are invited to [join us](#).  
Registration is required for each event.  
Click on each section below to register.  
Become a member and attend our member-only events.

### 3/10 • [Virtual Coffee Meetup](#)

• **Members Only**



**Host • Nirit Roddy • [Fit with Nirit](#)**

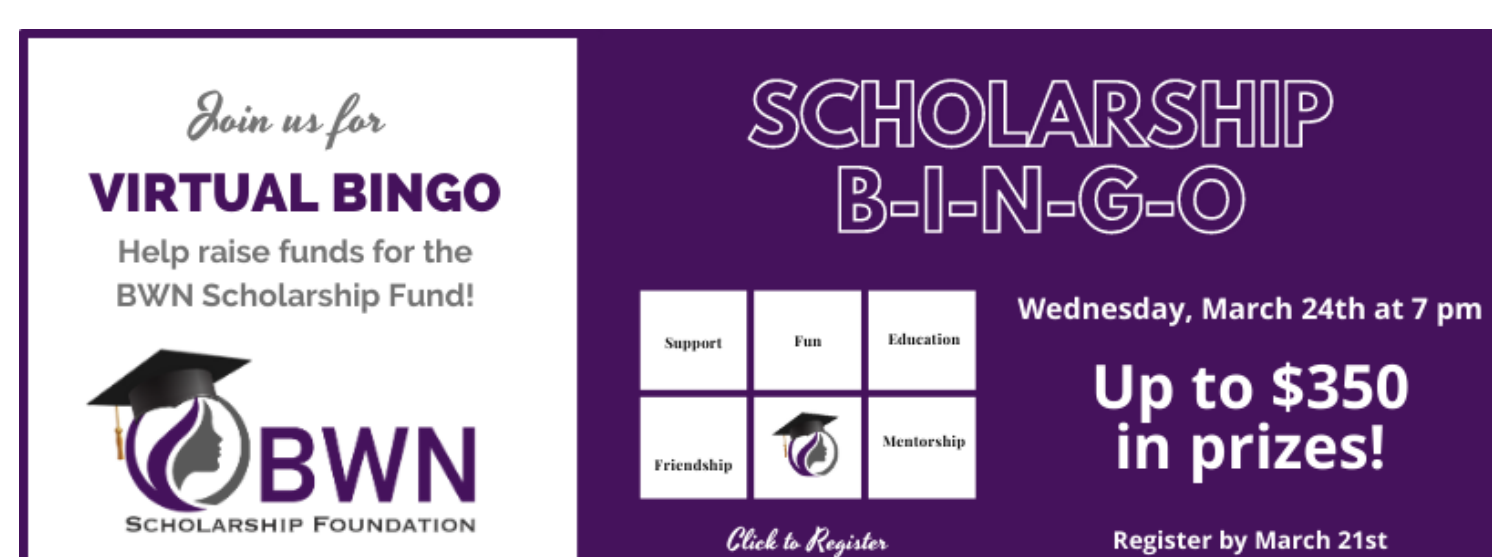
### 3/17 • [Virtual Luncheon](#)

• **Everyone Welcome; Registration Required; \$5 Fee**



### 3/24 • [Virtual Scholarship Bingo](#)

• **Everyone Welcome**



**Host • BWN Scholarship Committee**

## Save the Dates!

• Third Wednesday of each month •

### 2021 BWN Networking Luncheons

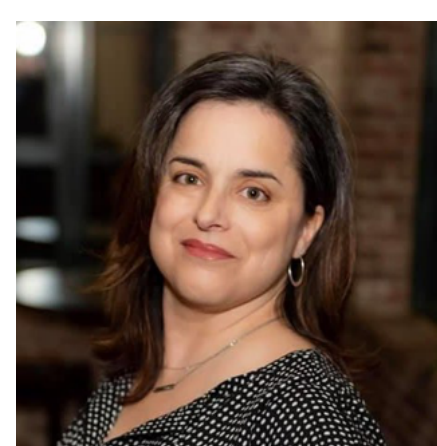
April 21st, 2021 • 11:30 AM

May 19th, 2021 • 11:30 AM

June 16th, 2021 • 11:30 AM

## Sponsor Spotlight

### Girls on the Run • Jessamine Duvall



Jessamine Duvall is Executive Director of Girls on the Run of Central Maryland.

**Girls on the Run** is a national physical activity-based positive youth development program for 3rd-8th grade girls. Participants develop and improve competence, feel confidence in who they are, develop strength of character, respond to others and oneself with care, create positive connections with peers and adults and make a meaningful contribution to community and society. Each session is led by trained volunteer coaches that guide and mentor the girls. The ten-week program concludes with all participants completing a celebratory 5K event which gives them a tangible sense of achievement as well as a framework for setting and achieving life goals.

**Girls on the Run of Central Maryland** is proud to serve Carroll County and Howard County, Maryland. Registration for our next 8-week season, which will include in-person and virtual teams with practices beginning March 21, 2021, is now open at [www.gotrcentralmd.org](http://www.gotrcentralmd.org).



[EMAIL JESSAMINE](#)



## Nonprofit of the Month

**Champions Against Cancer's** goal is to provide financial assistance, support, strength and inspiration to children who have a parent or full-time caregiver who had or has cancer through community outreach; educational material about the causes and prevention of cancer; information about support networks available in Howard County and beyond.

The mission is to help children maintain a sense of normalcy as their family faces the many challenges of fighting the disease.

[SUPPORT CHAMPIONS](#)

## Notice & Invitation

[BWN Facebook](#) and [LinkedIn](#) pages are public but the [BWN Facebook Group page](#) is open only to current BWN members. If you are not a current member and would like to be, we'd love to have you join us!

[JOIN OR RENEW](#)

## About BWN

BWN is a Community Where Business Women Grow Together

Business Women's Network believes women are more successful when they are in community with other women. Our mission is to provide opportunities for motivated, professional women to empower one another, so that together we can grow our business and leadership skills. What sets us apart from our other networking organizations is our warm and welcoming energy and our commitment to making genuine connections.

[JOIN BWN](#)

This message has been sent to you by [BWN of Howard County](#). If you no longer want to receive these newsletters, you can [unsubscribe](#) at any time.

[VISIT BWN WEBSITE](#)

